



# THE 9TH INTERNATIONAL ESTD CONGRESS

10 - 12 OCTOBER 2024, KATOWICE, POLAND



## THURSDAY, OCTOBER 10

REC • Recorded presentations (available after the congress)

ROOM	A Onsite eng/pl Online eng/pl/REC •	B Onsite eng/pl Online eng/pl/REC •	C Onsite eng Online eng/REC •	D Onsite eng REC •
9:00-12:30 Coffee break 10:30-11:00	PRE-CONFERENCE WORKSHOP <b>Chair:</b> Radosław Tomalski <b>Anabel Gonzalez</b> Progressive approach to the treatment of complex dissociation with EMDR	PRE-CONFERENCE WORKSHOP <b>Chair:</b> Claire Harrison-Breed <b>Bethany Brand</b> Guiding Dissociative Clients to Find Solid Ground: The Conceptualization, Videos, and Exercises (part 1).	PRE-CONFERENCE WORKSHOP <b>Chair:</b> Igor Pietkiewicz <b>Nel Draijer</b> Severe trauma related disorders (DID, cPTSD, BPD), their diagnosis and an object-relational approach to their problematic (counter) transference.	PRE-CONFERENCE WORKSHOP <b>Chair:</b> Suzana Guedes <b>Raphaël Gazon</b> Sensorimotor techniques for stabilising highly dysregulated patients.
12:30-13:30	LUNCH BREAK			
13:30-17:00 Coffee break 15:00-15:30	PRE-CONFERENCE WORKSHOP <b>Chair:</b> Lise Møller <b>Sandra Baïta</b> Imaginary friends, fantasy and play. How to differentiate between normal developmental phenomena and trauma-related dissociation?	PRE-CONFERENCE WORKSHOP <b>Chair:</b> Claire Harrison-Breed <b>Bethany Brand</b> Guiding Dissociative Clients to Find Solid Ground: The Conceptualization, Videos, and Exercises (part 2).	PRE-CONFERENCE WORKSHOP <b>Chair:</b> Paola Boldrini <b>Peter Maves</b> A Preview of ISSTD's Revised Adult Treatment Guidelines.	PRE-CONFERENCE WORKSHOP <b>The workshop will not be recorded</b> <b>Chair:</b> Desirée Tijndik <b>Dolores Mosquera</b> Complex PTSD and BPD: differential diagnosis and treatment planning.
18:00-18:15	CONGRESS OPENING			
18:15-19:15 A Onsite eng/pl Online eng/pl/REC •	PLENARY <b>Chair:</b> Igor Pietkiewicz <b>Suzette Boon-Langelaan</b> Understanding and assessing long-term sequelae of chronic childhood traumatization: an underdeveloped area in psychiatry			
19:15-20:00	WELCOME RECEPTION			

## FRIDAY, OCTOBER 11

9:00-10:00 A Onsite eng/pl Online eng/pl/REC •	PLENARY <b>Chair:</b> Radosław Tomalski <b>Filippo Varese (University of Manchester, UK)</b> Trauma therapy in early psychosis: Rationale and design of new research trials to evaluate trauma therapies in early intervention service users and people with at ultra-high risk for psychosis
10:15-11:15 A Onsite eng/pl Online eng/pl/REC •	PLENARY <b>Chair:</b> Radosław Tomalski <b>Anabel Gonzalez (University Hospital of A Coruña, Spain)</b> Voices in dissociation and psychosis: insights and tools for differential diagnosis
11:15-11:45	COFFEE BREAK

ROOM	A Onsite eng/pl Online eng/pl/REC •	B Onsite eng/pl Online eng/pl/REC •	C Onsite eng Online eng/REC •	D Onsite eng REC •	E Onsite eng
Parallel sessions 1 11:45-13:15	WORKSHOP <b>Chair:</b> Lise Møller <b>Somer Eli</b> Maladaptive daydreaming: Unmasking absorptive daydreaming disorder	WORKSHOP <b>Chair:</b> Radosław Tomalski <b>Seijo Natalia</b> Dissociation as a Key to the Treatment of Severe Eating Disorders	A Novel Approach to the Treatment of Patients with Complex Dissociative Disorders: Implementation of "Finding Solid Ground" in a Residential and Outpatient Setting in Norway <b>Chair:</b> Bethany Brand <b>Andersen et al.</b> Implementation of "Finding Solid Ground" for CDD-patients in a residential setting followed by patients' continuation of the program in their local treatment settings. <b>Harnisch et al.</b> Feasibility, acceptability, and key experiential outcomes by patients during the FSG program based on qualitative data from focus-group interviews with patients and other patient feedback. <b>Jepsen, Sele</b> Preliminary findings from quantitative process- and outcome data.	WORKSHOP <b>Chair:</b> Igor Pietkiewicz <b>Lloyd Mike</b> Social Media and the 'New Wave' of DID	WORKSHOP <b>Chair:</b> Desirée Tijndik <b>Strand Sofia</b> Different integrative approaches in psychotherapy with complex trauma patients: How to move the patient and make a shift when stuck in the process.

13:15-14:30	LUNCH BREAK & POSTER PITCHES				
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Parallel sessions 2 14:30-16:00	Reliability and validity of TADS-I <b>Chair:</b> Suzette Boon <b>Boon-Langelaan</b> Trauma and Dissociation Symptoms Interview (TADS-I): an introduction <b>Boon-Langelaan, Cavalletti, &amp; Boldrini</b> A pilot study with the Trauma and Dissociation Symptoms Interview (TADS-I): First impression on reliability and validity <b>Cavalletti, Boon-Langelaan, &amp; Boldrini</b> Determining differences and severity of trauma histories in patients with and without a DD assessed with TADS-I <b>Boon-Langelaan, Cavalletti</b> An omission in diagnostic criteria for DD's in DSM-5 and ICD-11?	WORKSHOP <b>Chair:</b> Jan Gysi <b>Vogt Ralf</b> The Perpetrator Part-based Destructive and Undignifying Psycho-dynamics between Dissociative Patients and their Therapists – Case Examples.	WORKSHOP <b>Chair:</b> Paola Boldrini <b>Nissen Michael Morin</b> Understanding and practicing the ability for self-regulation through Tension and Trauma Releasing Exercises.	Trauma and neurodevelopmental problems <b>Chair:</b> Mila Molero <b>Kozielec-Oracka</b> Finding the causes of aggression. <b>Neri, Simonetta</b> Trauma Focused Therapy for Tourette Syndrome. <b>Kozielec-Oracka</b> Utility of Anabel Gonzalez cards in trauma patients with ASD - case study <b>Erci et al.</b> Childhood Traumas, Dissociative Experiences, Depression and Perception of Parental Self Efficacy in Parents of Children Diagnosed with Autism Spectrum Disorder.	WORKSHOP <b>Chair:</b> Ellen Kjørulf Jepsen <b>Guedes Suzana</b> Interception in the treatment of trauma with EMDR.
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16:00-16:15	COFFEE BREAK				
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Parallel sessions 3 16:15-17:45	Assessing Trauma-Related Dissociation: Implications for Treatment, Research & Forensic Evaluation <b>Chair:</b> Matthew Robinson <b>Baranowski</b> Trauma and Dissociation in the Forensic Evaluation of Asylum Seekers. <b>Brand</b> Asked and Answered: The Most Common Questions Clinicians Ask About Assessing Trauma-related Dissociation. <b>Robinson &amp; Palermo</b> Utility Analysis of Gold-Standard Assessment Tools for Trauma-Related Dissociation.	WORKSHOP <b>Chair:</b> Sandra Baïta <b>Struik Arienne</b> How to prepare and stabilize chronically traumatized and dissociative children for trauma processing with the Sleeping Dogs method.	WORKSHOP <b>Chair:</b> Anabel Gonzalez <b>Contreras Antonieta</b> The Neurobiological Differences Across Trauma Syndromes.	WORKSHOP <b>Chair:</b> Mila Molero <b>Sánchez García Silvia</b> The use of Sandtray in EMDR therapy. Common places between EMDR and Sandplay	Body-oriented therapies for trauma <b>Chair:</b> Suzana Guedes <b>Const</b> Trauma-Sensitive Yoga as an adjunct treatment for chronic PTSD and complex trauma: A review of existing evidence and implications for trauma therapy. <b>Ávitsland</b> Case study DID client. The power of amnesia, the challenge of different personalities in one body, and the healing through trauma-related body work. <b>Nissen</b> From dysregulation to self-regulation using Tension and Trauma Releasing Exercises. A case of reactivation of suppressed post-traumatic stress disorder as a consequence of brain surgery 31 years after a robbery. <b>Ávitsland</b> The body and the parts tell the story regardless of the patient's avoidance. Using principles and skills of sensorimotor therapy in approaching a DID client.
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17:45-18:00	COFFEE BREAK				
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18:00-19:00 A Onsite eng/pl Online eng/pl/REC •	PLENARY SESSION <b>Chair:</b> Paola Boldrini <b>Sandra Baïta (Buenos Aires, Argentina)</b> Using a developmental trauma perspective to understand adults with dissociation				
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19:15-20:00	ESTD COUNTRY REPRESENTATIVES & MEMBERS MEETING				
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20:30-23:00	SOCIAL DINNER (UPON REGISTRATION)				
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## SATURDAY, OCTOBER 12

ROOM	A Onsite eng/pl Online eng/pl/REC •	B Onsite eng/pl Online eng/pl/REC •	C Onsite eng Online eng/REC •	D Onsite eng REC •	E Onsite eng
Parallel sessions 4 9:00-10:30	New approaches to the treatment of trauma <b>Chair:</b> Lise Møller <b>Gerge</b> DBR, Deep Brain Reorienting, in Treatment of Persons with DID and Chronic Traumatization, Three Cases Given. <b>Fukuï, Ueda</b> Utilization of Extended Container Technique in Clinical Practice for Trauma and Dissociation: An Evidence Study among Japanese University Students. <b>Isosävi et al.</b> Formulating the need and obstacles for a preventive trauma-focused treatment for pregnant families in Finland. <b>Hietamäki et al.</b> The group model 'sense of Security Astray' for victims of intimate partner violence.	WORKSHOP <b>Chair:</b> Radosław Tomalski <b>Korzekwa &amp; Dell</b> Dissociation in Borderline Personality Disorder: A Research Review.	What contributes to change in the treatment of Complex Dissociative Disorder? <b>Chair:</b> Ingunn Holbæk <b>Holbæk, Vrabel, &amp; Halvorsen</b> "If I hear crying in my head, there is something I have overlooked. I have to go inside and make some kind of agreement." Traces of intrapsychic change two years after a psychoeducative group for people with Complex Dissociative Disorder. <b>Holbæk, Vrabel, &amp; Halvorsen</b> "Now there are fewer of me." A qualitative study of the impact of psychoeducative groups for Complex Dissociative Disorder. <b>Michalopoulos</b> From stuck to flexible - How to train therapists to identify and overcome obstacles in trauma treatment.	Differential diagnosis & comorbidity <b>Chair:</b> Jan Gysi <b>Stojek et al.</b> Adaptation and Validation of the Clinician-Administered PTSD Scale for DSM-5 (CAPS-5) in a Polish Sample. <b>Lukowska et al.</b> Does Food Addiction Always Coincide with Post-Traumatic Stress Disorder? Insights from Latent Profile Analysis. <b>Akis, Öztürk</b> A Psychotraumatologic Investigation of Borderline Personality Disorder and Depressive Disorder Cases: Cumulative Trauma, Dissociation, Parental Attachment and Aggression. <b>Boytha et al.</b> Dissociation, traumatization, suicidality and the effectiveness of former treatments among hospitalized alcohol-dependent inpatients. <b>Dunalska, Szulc</b> Evolution of the dissociative phenomena in patients with depressive and anxiety disorders.	Childhood trauma in a developmental and relational perspectives <b>Chair:</b> Malgorzata Klecka <b>Klecka</b> The neurobiological approach in trauma therapy: From dissociation to life and balance. <b>Stec</b> Deep attunement as a corrective therapeutic experience for children with relational trauma. <b>Buszman</b> The role of attachment in developing body awareness and attitudes toward it in eating disorders. <b>Harnisch, Öztürk</b> How our explanatory models for dissociation matters: Experiences with and explanatory models for dissociation among Danish Youth placed in out of home care and former forcefully abducted youth in northern Uganda; a cross-cultural analysis. <b>Khalimbaylı, Öztürk</b> The Relationship Between Childhood Traumas and Emotional Reactivity, Self-Harming Behaviors, Dissociation and Self-Ambivalence in University students.

10:30-11:00	COFFEE BREAK				
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Parallel sessions 5 11:00-12:30	WORKSHOP <b>Chair:</b> Desirée Tijndik <b>Lemke Wendy</b> Pave the Way to Progress: Ego State Therapy Principles to Address the Complexities Characteristic of Dissociative Disorders.	Auditory verbal hallucinations <b>Chair:</b> Radosław Tomalski <b>Pietkiewicz, Tomalski</b> The complexity of voices: using concept mapping to develop a coding template for auditory hallucinations assessment. <b>Mosquera</b> Working with dissociative voices: A practical guide for EMDR therapists <b>Branitsky</b> Talking with Voices Trial: A Clinical and Theoretical Overview.	WORKSHOP <b>Chair:</b> Sandra Baïta <b>Molero-Zafra Mila</b> Present orientation strategies to increase the tolerance of exposure to stressful memories to process with EMDR the impact of trauma on children and adolescents.	WORKSHOP <b>Chair:</b> Ellen Kjørulf Jepsen <b>Baillet Julien</b> An internal secure caregiver to heal our injured parts: The InCorporer's Method	Attachment, trauma & dissociation <b>Chair:</b> Claire Harrison-Breed <b>Vinke</b> Trauma and dissociation in intercountry adoptees (child and youth). <b>Emen, Öztürk</b> Examination Of The Relationship Between Manipulation and Childhood Trauma, Dissociative Experiences and Self-Handicapping In Married Couples <b>Ozden, Öztürk</b> The Mediating Role of Attachment and Parental Attitudes in the Relationship of Childhood Traumas with Dissociative Experiences, Alexithymic and Obsessive-Compulsive Symptoms. <b>Derin, Öztürk</b> Family Dynamics, Dissociative Experiences and Psychopathological Symptoms in War and Terrorism Veterans Wounded in Action.
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12:30-12:45	COFFEE BREAK				
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12:45-13:45 A Onsite eng/pl Online eng/pl/REC •	PANEL DISCUSSION <b>Igor Pietkiewicz (chair), Sandra Baïta, Suzette Boon, Bethany Brand, Matthew Robinson</b> False-positive and imitated dissociative identity disorder: diagnostic & political considerations				
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13:45-15:00	LUNCH BREAK & POSTER PITCHES				
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Parallel sessions 6 15:00-16:30	WORKSHOP <b>Chair:</b> Lise Møller <b>Contreras Antonieta</b> Freeze, Not Frozen: Progressing Dissociative Reactions from Paralyzing Doubt.	WORKSHOP <b>Chair:</b> Radosław Tomalski <b>Taboada Maria Jesus</b> Trans generational and perinatal experience with death. The first encounter with loss.	Challenges and risks in providing trauma treatment <b>Chair:</b> Desirée Tijndik <b>Gerge</b> In Depth Supervision – Deep Brain Reorienting, DBR – a Potential Tool for Transforming Countertransference-reactions in Trauma Therapists. <b>Neves, Conceicao</b> Structural Dissociation of the Personality: Increasing Clinicians' Literacy on the Hidden Phenomenon Based on Their Experiences. <b>Birkan, Öztürk</b> Posttraumatic stress symptoms, secondary trauma and burnout in professionals working with immigrants.	WORKSHOP <b>Chair:</b> Jan Gysi <b>Michalopoulos Irini</b> How to identify and overcome obstacles in trauma treatment.	Creative transformation of traumatic experiences <b>Chair:</b> Ellen Kjørulf Jepsen <b>Vitale, Enright</b> Providing workshops combining creativity and narrative therapy to domestic abuse. <b>Pyszkowska et al.</b> Emotional dysregulation and escapism as determinants of maladaptive daydreaming among adults on the autism spectrum and with ADHD. <b>Bañura</b> And then everything was different... - the experience of post-traumatic transformation. <b>Tatti</b> The body and trauma. Therapy as a testimony and a place for remembering and telling the truth.
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16:30-16:45	COFFEE BREAK				
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16:45-17:45 A Onsite eng/pl Online eng/pl/REC •	PLENARY <b>Chair:</b> Igor Pietkiewicz <b>Jim Hopper PhD (Harvard Medical School, USA)</b> Psychdelic-Assisted Psychotherapy for Complex Trauma: Principles and Risks				
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17:45-18:15	PRIZES & CLOSING				
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